

# 1-Day Covent Garden Itinerary

One perfect day  
in London



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There is so much to do in this part of London that it can be overwhelming. Feel free to stop at any of the famous sites as you're walking. Click here for the [Google Map Route](#). You'll start your day at the Changing of the Guard and then walk to Covent Garden, past Trafalgar Square. Enjoy the stroll into Seven Dials and Chinatown. This is far more than a day in Covent Garden! Total walking time is 45 minutes, on paved sidewalks. Take the Underground to The Regent's Park to end your day! Download this itinerary to your mobile device ([clickable links](#)) or print it.



**A. Changing of the Guard**

Arrive at 9 AM

Occurs at 11 AM on Mon, Wed, & Fri. Free of charge

[Official schedule and details](#)



**B. Covent Garden Piazza**

Enjoy a pint at Punch & Judy's, visit London Transport Museum, shop in the Covent Garden Marketplace, or enjoy the street shows!



**C. Bar Cicoria at the Royal Opera House**

Open 12pm - 11pm, Daily. £8 wines and £12 cocktails. Sit on the terrace overlooking the piazza. [Walk-ins on!](#)



**D. Neal's Yard Courtyard**

A colorful, hidden courtyard in Seven Dials. Stop at a cafe or shop. Look for the mural of Princess Diana as Mary Poppins.



**E. Seven Dials**

Seven streets come together in this 17<sup>th</sup> century street plan. Look for the sundials at the center. Hungry? Go to [Seven Dials Market](#). £15-20



**F. Bun House**

Early dinner or snacks, eat homemade steamed buns in Chinatown [£10](#)



**G. The Regent's Park**

Tube or taxi to the park. We like to go on the paddle boats on the lake. Perhaps you want visit the zoo or walk the gardens. Enjoy sunset in the park!



## YOUR GUIDES ABROAD

### 1-Day Itinerary

Thanks for grabbing our one-page London itinerary day! We love finding the best days out in our favorite cities. This one will not disappoint. Read our [Travel Guide to Covent Garden](#) for details on visiting this lively part of the city. For more information on this itinerary day, watch our [Covent Garden Walking Tour video](#). Watch our [YouTube channel](#) for videos on visiting Europe. You will know what to expect!

**We're Erica and Jordan.** We love to travel, take notes on the best things we encounter, and distill the information into easy-to-read and use itineraries. Since you love this one-day itinerary, our 5-Day Wayfinder Itineraries will be perfect for your trip! [\*\*CLICK TO LEARN MORE\*\*](#)

